

D1 Arrival in Kunming

Riding distance: 0 km/0 miles

Daily arrangement:

Arrival in Kunming international airport, pick-up upon arrival, transfer to hotel, welcome dinner. You will have your first glance of spring city-Kunming.

Highlights:

#1 Kunming



Kunming, the capital of Yunnan Province, is located in southwestern China and the center of the Yunnan-Guizhou Plateau. It is the gateway city for China to open up to Southeast Asia and South Asia.

Kunming's natural scenery is exquisite, with Dianchi Pond as a bright pearl set on the city's shore, and the beauty of the lakes and mountains is breathtaking.

The surrounding Xishan Forest Park, with its undulating peaks, dense forests and numerous monuments, has been known as "the first good place in Dianzhong" since ancient times.

As a national historical and cultural city, Kunming has a profound historical heritage. From the state of Yunnan during the Warring States period to the modern city of today, many cultural treasures have been deposited over the years. Kunming is also known as the "City of Spring", with a pleasant climate that allows flowers to bloom all year round. Dounan Flower Market is the largest fresh cut flower market in Asia, from which a large number of flowers are shipped to all over the world every day.

Kunming, where many ethnic groups live, has a rich and colorful ethnic culture. The traditional festivals and unique customs of the Yi, Bai, Hani and other ethnic groups add a rich ethnic flavor to the city.







D2 Kunming Rest day

Riding distance: 0 km/0 miles

Daily arrangement:

We will apply the Chinese motorcycle driving license in the morning, then we will visit Dianchi Lake.

Highlights:

#1 Dianchi Lake



visiting for nature lovers and tourists alike.

Dianchi Lake, located near Kunming in Yunnan Province, is a remarkable natural wonder. Covering a vast area, it serves as a vital ecological hub. With crystal - clear waters and beautiful scenery, it attracts numerous visitors. Migratory birds from far - flung places flock here in winter, adding to its charm. Surrounded by mountains, Dianchi Lake offers breathtaking views. It not only provides water resources but also plays a key role in maintaining the local ecological balance, making it a place worth





D3 Kunming-Dali

Riding distance: 330 km

Daily arrangement:

Finally, our first riding day arrived, bidding farewell to warm Kunming, we will ride west to the famous city Dali, as the ancient Nanzhao Kingdom, Dali has a unique city character, it is also the starting point of the Tea Horse Road, which starts from Dali and leads to Tibet, in the ancient times, the Yunnan people need Tibetan herbs and steeds. Tibetans are also inseparable from Yunnan's Pu'er tea and other products. According to history, thanks to the ancient Tea horse road, the life expectancy of Yunnan people and Tibetans have increased from 40 years to 60 years.

The residents here are mainly Bai people, they use their own hard work and wisdom to create a unique local culture, with an open and tolerant mind, take the initiative to learn, accept the culture of the Central Plains of the long-term inculcation, and then the formation of the Bai people of the harmony of the culture of tolerance, It is regarded by western scholars as "the ancient capital at the crossroads of Asian cultures" and "a model of harmony and co-prosperity between multiple cultures and nature".

Dali has many nature reserves and geological parks, with the Erhai lake and Cangshan Mountain being two of the most famous natural landscapes. The highway leading to Dali is part of the former Tea Horse Road. You will visit the Xizhou Ancient Village, and we will stay in the hotel beside the Erhai Lake and enjoy the cozy moment of the breeze.

Highlights

#1 Dali



Dali is the state capital of Dali Bai
Autonomous Prefecture, a national historical
and cultural city, scenic spot and nature
reserve in one, with a national economic
development zone in the city. The Cangshan
Mountains and the Erhai Lake in the city are
a perfect match for each other. The city is
known as the "Pearl of the Plateau" and the
"Switzerland of the East". The wind, flowers,

snow and moon, from Dali. The wind here is a gentle messenger, flicking the waves of the Erhai Lake and stirring the reeds along the shore. The clear water of the lake reflects the blue sky, and between the water and the sky, occasional birds pass by, making a beautiful arc. Dali City was the capital of the ancient Nanzhao and Dali Kingdoms, serving as the political, economic and cultural center of the ancient Yunnan region for more than 500 years.







#2 Erhai Lake



The Erhai lake is located in the east of Dali Old Town, at the foot of the verdant Cangshan Mountains, with a blue lake, famous for its beautiful landscape and unique villages and towns, and is one of the four famous scenic spots in Dali. with the rolling green mountains as the backdrop, it is the photography enthusiasts to capture the scenery of the blockbuster.

#3 Xizhou ancient village



Xizhou is located 18 kilometers north of Dali Ancient City, leaning against the Cangshan Mountains in the west and the Erhai Lake in the east, preserving a large number of Bai residential houses. Wandering around the ancient town, looking at the old people in Bai costumes, small stores selling local handcraft.







D4 Dali-Weixi

Riding distance: k340m

Daily arrangement:

Wake up to a leisurely breakfast by the Erhai Lake, after which we continue to ride in a northwestern direction. Embark on a ride towards Jianchuan County. Upon arrival, explore the charming Jianchuan Ancient City, where the echoes of bygone eras still resonate. Then, step into the Tea - Horse Road Museum for an in - depth English - guided tour, delving into the rich history of this ancient trade route.

Leaving Jianchuan, we traverse towards Shigu Town, passing through ever - changing landscapes. At the Yangtze River First Bend, feast your eyes on the magnificent view while enjoying a sumptuous meal at the riverside viewing restaurant. Capture the moment at this iconic bend, where the river's might and beauty are on full display.

Next, we journey through the spectacular Lancang River Gorge on our way to Tacheng, Weixi. As the day winds down, check in at the idyllic hotel. Immerse in a unique cultural experience by visiting a local home, where we roll up our sleeves to hand - grind tofu. Conclude the day with a delicious dinner, savoring the fruits of our labor and the warm hospitality of the locals.

Highlights

#1 Lisu people of Weixi



Located in the northwestern part of Yunnan Province, it is an important settlement of Lisu people. The mountains and rivers here are magnificent, and the unique geographical environment has given birth to a distinctive ethnic culture. Weisi Lisu has a long history and splendid culture. The rich oral folk literature has been passed down from generation to generation by word of mouth, continuing the knowledge and wisdom of the world. Music and dance are its cultural treasures. Various beautiful tunes, played by leaves, bamboo flutes and other instruments, convey the love of life. For example, the group dance without musical accompaniment, "Ajimu Scrape", the dancers hold hands, and the pace is dynamic, showing unity and vitality. The traditional costumes are distinctive. The brightly







colored fabrics are embroidered with exquisite patterns, containing the history and culture of the nation.

#2 Traditional Weixi Tofu making

Coming to a Naxi Tibetan family's home and learning how to use a stone mill, watching the soybean slowly turn into a milky white bean paste in the stone mill is really an unspeakable sense of accomplishment. How heavy is the stone mill? You won't know until you've done it!



The ground bean paste is filtered and cooked, and soon a pot of fragrant bean paste is ready. The leftover soybean paste can also be made into bean flowers.

Sometimes, the hospitable Tibetan grandmother will offer your a pot of authentic Tibetan ghee tea. the travel experience is unforgettable.

The experience of grinding tofu by hand in a Naxi Tibetan home not only made you feel the charm of traditional craftsmanship, but also gave you a deeper understanding and love for this land.







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D5 Weixi-Meili

Riding distance: 290 km

Daily arrangement:

Bid farewell to Weixi and head to Meili Snow Mountain. Driving on the most beautiful highway in northwestern Yunnan, from canyons to snow-capped mountains, the unique natural scenery of the Three Rivers and the Hengduan Mountain Range region changes in front of your eyes. Before lunch, arrive at Deqin county.

Meili Snow Mountain. Meaning "the place where the Bodhisattva goes down" in Tibetan, we will go to Wunongding oberservation Deck, There are thirteen white pagodas here, echoing the thirteen snow-capped peaks across the mountain. The viewpoint at the summit is also one of the best places to take pictures of the panoramic view of the Meili Snow Mountain. If the weather is clear, the view from here is even more majestic, and there are plenty of prospects for photography. But be prepared, as one of the most difficult peaks to see, a cloud-covered Kawagabo is quite normal. Which means if you can see the Meili snow mountain in person, you will be lucky all year around.

#1 Meili Snow Mountain



Meili Snow Mountain, also known as Prince Snow Mountain, the main peak of the Kawagabo Tibetan meaning: the canyon in the precipitous white snow peaks, is one of the eight sacred mountains in Tibet. The "Sunshine Gold Mountain" is a rare sight that many travelers dream of seeing, and it is also one of the destinations for outdoor enthusiasts and photography enthusiasts. Meili Snow Mountain is still an unclimbed peak. Since 1902, multi-national mountaineering teams have attempted to reach the summit many times, but to no avail, especially in 1991, the Sino-Japanese joint mountaineering team, but also suffered an avalanche that led to the collective death of 17 mountaineers, creating the world's second largest mountain disaster. 1996, the Chinese government explicitly prohibited climbing this snowy mountain, which gives the sacred mountain eternal tranquility.







D6 Meili-Shangri-La

Riding distance: 217 km

Daily arrangement:

In the morning, we will ride to Feilai Temple, where we can join the local Tibetan people for Zhuanjing, In Buddhism, accumulating merit is an important way to pursue blessings. Turning a sutra cylinder(Zhuanjing) is considered a way of accumulating merit, with each rotation representing the accumulation of a certain amount of merit, while the content of the sutra scrolls or mantras is considered to have positive energies that can bring blessings and good fortune. Later on, we will ride to a marvelous natural site: Great Bend of the Jinsha River(Moon Bay), From the Tibetan Plateau rushing from the Jinsha River, in the mountains between the 180 $^{\circ}$ turn, forming a perfect " Ω " shape, known as the world's wonders - the Moon Bay, from the air overlooking nature's ingenious work of art is amazing. Our lunch will be held in a primeval forest. It's not just a simple picnic, but a sumptuous feast carefully prepared by the local villagers for the guests who have come from afar.

Today we will finally arrive in Shangri-La, our dreamland.

#1 Feilai Temple



Regarding The temple's construction and naming, there is a rather legendary story: the temple site was originally set two kilometers away from the current site, all the materials have been prepared, in the ground-breaking the first night, beams and other major building materials disappeared, the abbot and monks send people looking for traces to follow the trail. And then they find the present site, found that the beams have

been erected according to specifications, and there is no hall after the beams, people think this is God's will, so the temple was built in the present site, and because of the columns and beams' self-supporting, it got the name of "Feilai Temple", Fei means fly in Chinese.







#2 The Great Bend of the Jinsha River



From the Tibetan Plateau rushing from the Jinsha River, in the mountains between the 180 $\,^\circ$ turn, forming a perfect " Ω " shape, known as the world's wonders - the Moon Bay, from the air overlooking nature's ingenious work of art is amazing.

#3 Shangri-La



Shangri-La, a very typical Tibetan area in Yunnan Province, Here, the natural landscape is magnificent, rare birds and animals shuttle between. Shangri-La has a rich cultural heritage, and as a multi-ethnic settlement, Tibetan culture is particularly prominent. Songzanlin Monastery is magnificent, brilliant architecture, exquisite murals and solemn statues of Buddha, highlighting the profundity of Tibetan

Buddhism. Tibetan compatriots warm hospitality, their traditional festivals such as the Horse Racing Festival and other lively, people dressed in costume, horse racing, singing and dancing, to show the love of life.

Joseph Charles Francis Rock (1884-1962) was an American anthropologist, botanist, and expert on Naxi culture. Rock was internationally known as a plant hunter and was the first foreigner to discover Shangri-La. From 1922 Rock had come to China six times, deep into the southwest of China Dian, Sichuan, Kang ethnic areas activities, the southwest of China has never known a variety of unique culture, mysterious charm spread to the world, in the world formed a huge influence, to this day, about the exploration of Shangri-La is still in the international community is still a long-lasting topic.







D7 Shangri-La - Lijiang

Riding distance: 190 km

Daily arrangement:

Today we will have the chance to visit the famous Kadam Songzanling Temple, after passing through the Tiger Leaping Gorge, we are heading to Lijiang.

We ride along wild rivers, and past countless impressive mountains. Please be patient for the little traffic along this road since the direct route along the modern expressway is much faster. But we're not here for speed...

After crossing the Yangtze on a brand-new bridge, the already twisty road becomes even twistier and climbs to an elevation of over two miles one more time before finally dropping into Lijiang. Along this stretch of road, you can frequently catch breathtaking glimpses of the Jade Dragon Snow Mountain and its 18,360 ft peak, Shanzidou.

Lijiang, our home for night, has a UNESCO-listed historic city center and quite a few things to do and see in the vicinity.

#1 Songzanlin Temple



Songtzanlin Temple, which imitates the layout of the Potala Palace, is built cascading down the mountain, with a brilliant golden roof and majestic splendor. With a devout heart, walk up the long staircase to visit this largest Tibetan Buddhist Gelugpa temple in Yunnan. in the breathtaking religious atmosphere and Tibetan art masterpieces of Songtzanlin temple, you will learn about the long-

standing culture of this holy land, and feel the supreme power of faith, as well as the wisdom and worldview of the Tibetans.

#2 The Tiger Leaping Gorge



The Tiger Leaping Gorge is a spectacular natural wonder. Nestled between towering mountains, it's where the mighty Jinsha River roars through a narrow channel. The rushing waters and rugged cliffs create a breathtaking scene. A paradise for adventure seekers, it offers thrilling hiking trails with stunning views at every turn.







#3 Lijiang



Lijiang, located in the northwestern part of Yunnan Province at the interface between the Yunnan-Guizhou Plateau and the Tibetan Plateau, is an internationally renowned tourist city. It is like a bright pearl set in the south of the colorful clouds, exuding a unique charm.

Lijiang Ancient City is a World Heritage Site. The streets of the city are built along the

mountains and the water, paved with red conglomerate, with many monuments such as the Sifang Street and the Wooden Mansion. The architecture here is a blend of Naxi, Bai and other ethnic styles, carved beams and paintings, exquisite.

Jade Dragon Snow Mountain is the iconic landscape of Lijiang, with thirteen snowy peaks stretching endlessly, like a "giant dragon" flying in the air. The top of the mountain year-round snow does not melt, in the sunlight flashes silver light, magnificent.

#4 Jade Dragon Snow Mountain



From Lijiang, you can see a huge, snow-capped mountain that looks like a jade dragon, sleeping up in the clouds. This is, you guessed it, Jade Dragon Snow Mountain. Its highest peak (there are 13 of them) rises 5,595 m above sea level and towers over the northern hemisphere's southernmost glacier. A gondola can whisk you up from 3,356 m to 4,580 m in minutes and you can walk to 4,680 on a spacious

walkway. Yes, there are many, many people up here when the weather is clear. When it is not clear it's not worth coming up as you won't see much.







D8 Lijiang-Chenghai- Dayao

Riding distance: 350 km

Daily arrangement:

Today we will be on our way back to Kunming, before that, we will stop at a city named Dayao to get some rest. Tonight, we will check into a hot spring hotel. The natural hot spring water will wash away the dust and fatigue you've accumulated along the way, allowing you to fully relax both physically and mentally.

D9 Dayao-Kunming

Riding distance: 288 km

Daily arrangement:

Riding back to Kunming. Before reaching Kunming, we will visit the Yuanmou Man Museum. Here, visitors can embark on a fascinating journey through time. By observing ancient fossils and cultural relics, we gain profound insights into the origins of human civilization in China. The museum vividly showcases how the Yuanmou Man, one of the earliest human ancestors in the region, lived, hunted, and evolved. It's not just a display of artifacts but a portal to understanding the arduous path of human development, leaving us with a deeper appreciation for the rich tapestry of history.

D10 Farewell from Kunming

Send off.

It is time to say goodbye. We wish to see you again in the near future.

Note: This manual only presents your anticipated itinerary plan. In reality, your travel route and the scenic spots you pass through may vary due to factors such as weather and road conditions. If your actual itinerary differs, it does not constitute a breach of contract by the organizer.

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